

# *Hospital bags*

# CHECKLIST

## FOR BABY

- 2 newborn sleepers with fold-over mittens
- 2 new born onesies
- Socks
- Multi- use cover
- Nursing pillow or Topponcino
- Baby Nail clippers
- Hat or bows
- 2 Baby blankets
- 1 newborn go home or picture outfit (bring one size 0-3m just in case)
- Baby hair brush
- Car seat

## FOR MOM

- Nursing Nightgowns or pj's
- Cardigan sweater or Robe
- Slippers and flip flops
- Full coverage, loose and bigger panties
- Socks
- Nursing Pads
- Nursing Bras
- Nipple cream
- Deodorant
- Toothbrush and Toothpaste
- Splash
- Make- up
- Hair brush, hair clips, hair bands
- Phone Charger
- Snacks
- Going home outfit (maternity outfit)
- Ice Maxi Pad \*
- Peri Bottle \*

\*Your hospital will probably provide you this things, if not I highly recommend them if you are having a natural birth.

## OTHER

- Baby announcement board / pen or marker
- Big brother / sister gifts
- Camera and charger
- Treats or favors for hospital staff
- Tote Bags to take home gifts or hospital stuff